

COOKSHOP

BREAKFAST

COLD PRESSED JUICE

GREEN: apple, celery, parsley, spinach & carrots // 11

BEET carrot, apple, ginger // 11

ROASTED MUSHROOM TOAST

grilled country rye bread, seasoned ricotta cheese // 12

BLOOD ORANGE & MEDJOOL DATE TOAST**

raisin walnut bread, almond butter, pomegranate // 12

WHOLE GRAIN PORRIDGE

caramelized apples, soy milk,
raw seeded granola bar // 13

ALMOND PANCAKES(GF)**

lemon curd, pomegranate seeds // 16

BREAKFAST PITA SANDWICH

whole wheat pita, broccoli, cauliflower, harissa,
yogurt, soft cooked egg, chickpea puree // 15

POACHED EGGS "CILBIR"

sweet potato hummus, pressed yogurt,
chile oil, toasted sourdough // 17

GRAINS & GREENS

kale, spinach, seeds, brown rice, lentils, quinoa,
pickled beets, charmolula poached egg // 18*

SAUTEED BROCCOLI & GOAT CHEESE SCRAMBLE

caramelized onions, mixed greens,
buttermilk biscuit // 16

HUEVOS RANCHEROS

baked eggs, black beans, ranchero sauce, creme fraiche,
fried tortilla, Monterey jack, pickled jalapeno &
red onions // 18*

SIDES

country-style buttermilk biscuit // 5

morning glory muffin** // 5

double chocolate chip breakfast bread (GF) // 7

sauteed spinach // 8

Sullivan County bacon // 8

sharp cheddar grits // 8

potato hash paprika // 8

COOKSHOP BREAKFAST

two fried eggs, Lancaster grits, applewood bacon,
breakfast sausage, buttermilk biscuit, butter & jam // 17

TWO EGGS ANY STYLE

potato hash, toast, green salad // 10*
with bacon or sausage // 14

TOAST

raisin walnut, whole wheat, sourdough, served with
butter & housemade jam // 5

Chef de Cuisine : Wilfrin Fernandez-Cruz

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness
**contains nuts

MORNING COCKTAILS

BLOODY MARY

ALB vodka, house made bloody
mary mix, salt rim // 12

ELDERFLOWER COCKTAIL

prosecco & elderflower liqueur // 12

MIMOSA

prosecco & orange juice // 12

COFFEE BY BROOKLYN ROASTING CO.

DRIP COFFEE

dark roast // 4

decaf // 4.5

cafe au lait // 4

COLD BREW // 5

ESPRESSO

single espresso // 4

double espresso // 6

macchiato // 4

cappuccino // 5

decaf cappuccino // 5.5

latte // 5

FREE-SPIRITS

Q SODAS // 5

GRAPE FRUIT
GINGER ALE
TONIC
CLUB SODA
KOLA

ARNOLD PALMERSW // 5

LEMONADE // 6

LIMEADE // 6

SPICED APPLE CIDER // 5

GINGER LEMONADE // 6
fresh ginger, lemon, ginger beer

LEMON-LIME & BITTERS // 7
lemongrass & black pepper-infused;
agave, lime, club, angostura bitters

LOOSE LEAF TEAS BY SERENDIPITEA

6

EARL GREY

bergamot, nilgiri

GEN MAI CHA

light green tea with delicate
barley taste, toasty notes

CHAMOMILE FLOWERS

gently relaxing

INDIAN MARKET CHAI

cloves, cardamom, ginger &
cinnamon

ICED TEA // 4

black, green, or spiced apple

CHELSEA BREAKFAST

blend of Ceylon & Chinese black tea,
bergamot

COOKSHOP BLEND

apple, hibiscus, rose hips, strawberry

WINTER WHITE

apple, blood orange, cinnamon, hibiscus,
rose hips, tangerine, white tea

PEPPERMINT

classic organic peppermint leaves

MATCHA

culinary grade organic green tea
latte // 6
tea // 6

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